



Secondary Parent2Parent® programme

The **Parent2Parent**® programme, created by Herts for Learning, was written in response to evidence from national research that parents and carers are the most influential factor in long-term academic success of their children.

Parent2Parent® is a programme for parents and carers to improve the learning experience at home by embedding key teaching and learning behaviours. The **Parent2Parent**® programme was originally offered to parents of children who attend Primary school. Recently, due to its success, there is now a Secondary version written specifically for parents of teenage children. The programme enables participants to gain confidence and new skills that actively support their teenage child's learning. By offering this education-focused programme, it is believed that parental involvement will improve educational outcomes.

The programme comprises six practical modules and the content is not designed to challenge or promote any parenting style. The programme is universal and proven to have an impact on teenage children from all backgrounds and all walks of life.



Recent feedback

What are parents saying?

“ I have thoroughly enjoyed Parent2Parent® and wish I had known all of this years ago. I am glad that I have the tools now though”

“Parent2Parent® is working for us at home. For example, I applied the ‘yet’ principle with my daughter, who was getting very frustrated in preparing for a French oral test. We spoke about the learning pit and how she may not be fluent yet, but this is something she is working towards. As a result, my daughter approached the test in a calm manner and managed to get a great mark. This is certainly something that will benefit my daughter in the future”

“The programme has been inspiring, motivating and encouraging. Some really good ideas to try with children. Made me think about how to help them with their learning and create a growth mindset”

What are headteachers saying?

“For those parents who embrace the information and are open to letting it modify their thinking, this course really is life changing. Parent2Parent® empowers parents to understand their children better and support them to develop into positive, successful learners”

“I have been trying to get parents at my school on board for years. This has revolutionised my relationship with them; now I think we’ve finally cracked it”

What is Parent2Parent®?

The programme comprises six practical modules which are delivered to parents in schools by a **Parent2Parent®** Lead. Throughout the programme parents are encouraged to explore:

- How we learn and what helps or hinders a teenage child learning
- How confidence and motivation affect learning
- Emotional intelligence and how relationships impact on learning
- The importance of ‘having a go’ and learning from mistakes
- Building resilience and the capacity to bounce back during difficult times
- The importance of developing a growth mindset
- Supporting a teenage child’s thinking through open-ended questions

Parent2Parent® is offered within an individual school or to a cluster/group of schools. Once participants have completed the programme they are invited to apply to become **Parent2Parent®** Leads themselves, if they wish, and can go on to deliver the programme to other parents in their school.



Communicating the programme to parents and carers

Once a school has decided to run the **Parent2Parent**® programme, a toolkit will be provided which is designed to communicate simply and easily with parents and encourage them to join the programme.

The toolkit comprises:

- a letter and leaflet to parents and carers, explaining the programme and inviting them to join
- suggested copy for a school newsletter and website

Costs

The cost of one **Parent2Parent**® programme, including six modules and delivery to a school/cluster of schools is £1,235. The cost of training a parent or carer to become a **Parent2Parent**® Lead, including all training and resources to run the programme, is £617 for a single Parent Lead or £1,235 for two Parent Leads. All **Parent2Parent**® costs can be met through Pupil Premium funding where appropriate.

“Really interesting and helpful, I have enjoyed the whole course. Thank you for an interesting six weeks, I have learnt so many things that I can take away and put into practise with my daughter”

Contact

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