

"No outsiders"



A 2017 calendar of primary pupil workshops designed for Years 5 and 6

Themed around the many special events that contribute to schools' Spiritual, Moral, Social and Cultural (SMSC) work, these workshops raise awareness and explore key messages about equality, diversity and inclusion. They include focuses on ethnicity, gender, ability, sexual orientation, gender identity and age. They complement schools' British Values and/or the safeguarding curriculum. They make a contribution to teaching children to stay emotionally and mentally healthy, as well as supporting them to be happy and excited about living in a community full of difference and diversity.

All workshops, based on classes of up to 32 children, last for 1 hour and are costed as follows. In a single visit:

1 WORKSHOP – £250

2 WORKSHOPS – £400

3 WORKSHOPS – £525

4 WORKSHOPS – £605

January 2017

Holocaust memorial day **How can life go on**

Children need to understand that life has its ups and downs and know how to take care of themselves when they are finding things difficult. This workshop introduces or reinforces protective behaviours and uses a picture book to explore aspects of the holocaust in an age appropriate way.

February 2017

LGBT history month **Free to be yourself**

We will identify how our British Values require us to have respect for everyone and explore the importance of being able to build friendships with people who are different from ourselves through video material focusing on gender diversity.

Continued >>>

March 2017

Women's day
Women making a difference

This session will celebrate women's achievement throughout history and around the world. Through story there will be opportunity to discuss the nature of courage and determination. A short film will help challenge gender stereotypes and encourage critical thinking.

April & May 2017

Mental health awareness week
Mindful meditations

This practical session will provide a wonderful opportunity for pupils to begin to understand the power of mindfulness. It will encourage young people to become aware of the moment, using their senses to appreciate the world around them. When thoughts intrude they will learn to let them drift away, enabling them to still and rest their minds. An introduction to a powerful self-soothing skill for life.

June 2017

GRT history month
Coming and going – celebrating Traveller history and cultures

Gypsies, Roma and Travellers have lived, worked and travelled throughout Britain for over 500 years. The session provides opportunity to celebrate the often hidden culture and history of these minority ethnic groups. These are groups that are often presented in a negative way in the media and the session will help cultivate a better understanding of Traveller life and values.

July 2017

International day of friendship
The friendship workshop

This session will explore important aspects of friendship in the modern world:

- how we know what a friend is (both online and offline)
- how we should remain ourselves within a friendship and not lose our own identity
- how we can behave in a helpful way when other people fall out, and understand what behaviour is not helpful

We will end with a thought provoking film or picture book to stretch their thinking.

September 2017

World alzheimer's day
Treasuring memories and reaching out

The workshop will help build children's appreciation of an older generation and value their memories. The importance of memory in our everyday lives will be explored. Through video and story children will consider ways families can help each other so no one feels left out.

October 2017

Black history month
Dreams and aspirations for all

Black history month is an opportunity to ensure that our pupils recognise the experiences and contributions of families who have come to live in Britain from abroad. We will explore dreams and aspirations, difficulties and achievements, and how our diversity makes us the nation we are. We will finish with a delightful picture book that stresses our common humanity.

November 2017

World kindness day / anti-bullying week
Kind to myself and others

We will explore the meaning and nature of real kindness and whether it is a tiny grain or a life-changing act. Children will be encouraged to think about the importance of receiving kindness and giving it with the best intention. We will also explore positive thinking as a means of self-kindness. We will end with a picture book to explore the theme further.

December 2017

Human rights day
The right to be myself

This session will introduce some basic children's rights and the responsibilities that go with them. Through story/DVD we will explore how important it is to accept people as they are – we are all different and all unique. Core values of accepting diversity, anti-prejudice and anti-bullying will be included.

Please book early to avoid disappointment.

Event	Number of workshops per visit	Preferred dates / days
JANUARY Holocaust memorial day How can life go on		
FEBRUARY LGBT history month Free to be yourself		
MARCH Women's day Women making a difference		
APRIL & MAY Mental health awareness week Mindful meditations		
JUNE GRT history month Coming and going – celebrating Traveller history and cultures		
JULY International day of friendship The friendship workshop		
SEPTEMBER World alzheimer's day Treasuring memories and reaching out		
OCTOBER Black history month Dreams and aspirations for all		
NOVEMBER World kindness day / anti-bullying week Kind to myself and others		
DECEMBER Human rights day The right to be myself		

To book onto any of these workshops or to find out more, please contact **Alison Adams** on **01438 843299** or email: alison.adams@hertsforlearning.co.uk