

# The Herts for Learning Roadmap to September 2020 mandatory Relationships and Sex Education



Support for schools for responding to mandatory requirements in delivering  
**Primary – Relationships Education**  
**Secondary – Relationships and Sex Education**  
and **Cross-phase – Health Education**

*"From September 2020 all secondary schools will be required to deliver RSE, and all primary schools will be required to deliver 'relationships education'. The government have also committed to statutory health education, meaning the majority of personal, social, health and economic (PSHE) education will be compulsory from 2020."*

PSHE Association, November 2018

**Is your school ready to start the transition from September 2019?**

In response to the new mandatory changes in delivering Relationships and Sex Education (RSE) coming into force from 2020, the Herts for Learning Wellbeing team are offering schools, academies and MATs a series of training opportunities and consultancy services aimed to equip their staff with the knowledge and teaching strategies to start delivering the new curriculum from September 2019.

**Herts for Learning (HfL) provides a wide range of support that will assist schools in meeting the demands of mandatory Relationships Education, Relationships and Sex Education and Health Education.**

Including support for:

- Online safety
- Anti-bullying and anti-prejudice
- Mental health
- Wellbeing services
- Wellbeing parent workshops
- Parent2Parent®
- Safeguarding and the anti-abuse curriculum
- Primary science
- Physical education
- Religious education
- Behaviour for Learning
- Governors

**The following specific support is being provided in 2019 to enable all schools to ensure they are ready to meet the requirements.**

### Primary and secondary CPD support

Please contact [wellbeing@hertsforlearning.co.uk](mailto:wellbeing@hertsforlearning.co.uk) to make a booking.

#### Reviewing relationships education and health education: next steps to putting new guidance into practice

This process will ensure compliance and inclusivity. It will review and identify:

- current practice that should continue
- new content to be delivered
- resources to support development

**For Senior Leader Team staff and subject leads**

**Two-hour session**

**Consultancy or in-school training available**

#### Effective leadership of relationships education and health education: policy development and curriculum design

- developing a quality policy to meet the requirements
- ensuring pupil voice and parental engagement
- considering effective models for delivery/resources
- building staff confidence
- role of governors

**For subject leads**

**Two-hour consultancy session**

#### Parent consultation and support event for relationships and sex education and health education

HfL will work alongside school staff to deliver a parent session on relationships education, sex education and health education. The session will:

- introduce parents to the importance and range of the mandatory curriculum
- explore priorities and teaching approaches
- respond to parental concerns
- support parents to build on their children's learning at home

Primary schools can also choose to deliver age appropriate sex education, as recommended by the Department for Education (DfE) and HfL. It is also part of the national curriculum science which is statutory for maintained primary schools

**Session for parents**

**A consultancy planning session and subsequent workshop for parents and carers. (Three hours in total.)**

## Primary training

Book online at [hertsforlearning.co.uk](https://hertsforlearning.co.uk) or contact the HfL Events team for more information at [training@hertsforlearning.co.uk](mailto:training@hertsforlearning.co.uk)

All training sessions will take place at the Hertfordshire Development Centre, Stevenage.

### Summer term 2019

#### Teaching anti-abuse and anti-bullying to meet the revised Ofsted requirements and deliver relationships education and health education

Developing a quality anti-abuse curriculum and community, including teaching about:

- anti-bullying
- online safety
- protective behaviours.
- identifying and responding to risk

**Thursday 6th June, 9.30am – 12.30pm**

**Cost: £78**

**Course code: 19PSE/003P**

#### Successful teaching about puberty, periods, wet dreams and how babies are made (Key stage 1 and 2)

This course will explore the importance of adopting quality approaches to covering some of the more sensitive aspects of health, relationship and sex education in the primary school. It is designed to increase self-confidence of staff delivering these topics. Developing a quality policy to meet the requirements

**Tuesday 18th June, 9.30am – 12.30pm**

**Cost: £78**

**Course code: 19PSE/008P**

#### Mandatory relationships education: keeping my body safe (Key Stage 1 and 2)

- identify safeguarding elements in delivering the new relationships education guidelines and approaches in the classroom
- explore ways to cover the naming of sexual organs and helping children to understand what is private and what is public
- explore how to teach about safe/unsafe touches and consent issues in an age appropriate way
- explore the successful coverage of ways to keep safe online

**Tuesday 18th June, 1.30pm – 3.30pm**

**Cost: £52**

**Course code: 19PSE/007P**

#### Assessment, monitoring and impact of relationships education and health education

- ensure the coverage of appropriate assessment opportunities in the planned RSE and health education (PSHCE) curriculum
- explore the core principles of outstanding teaching in RSE/health education and looking at how assessment underpins successful learning
- explore the importance of teacher PSHCE assessment to successful learning and progression in the classroom
- ensure successful Assessment for Learning (AfL) using self and peer PSHCE assessment opportunities
- explore the use PSHCE assessment effectively to guide planning

**Friday 28th June, 9.00am – 12.00pm**

**Cost: £78**

**Course code: 19PSE/005P**

#### Running successful parent engagement sessions and building parent partnership for 'relationships (and sex) education'

This course will provide practical tips on how to work in partnership with parents in ways that seek to enhance pupils' learning experiences, including:

- how to deliver an effective parental engagement session on relationships (and sex) education. (R(S)E)
- how to respond to and overcome parental anxieties and contentious responses to RSE
- how to provide guidance and information to parents to support RSE in the home
- signposting and supporting parents further

**Friday 28th June, 1.00pm – 3.00pm**

**Cost: £52**

**Course code: 19PSE/006P**

### Autumn term 2019

#### Mental health and emotional wellbeing through relationships education and health education

- identify core elements of teaching about mental health and emotional wellbeing
- explore classroom approaches and resources
- address concerns and increase staff confidence

**Tuesday 3rd December, 9.00am – 12.00pm**

**Cost: £78**

**Course code: 19PSE/011P**

## Secondary training

Book online at [hertsforlearning.co.uk](https://hertsforlearning.co.uk) or contact the HfL Events team for more information at [training@hertsforlearning.co.uk](mailto:training@hertsforlearning.co.uk)

### Autumn term 2019

#### Putting the new RSE and health education guidance into practice in secondary schools

This will support schools to ensure compliance and inclusivity. It will

- clarify requirements
- facilitate curriculum review and identify new curriculum content
- overview resources to support delivery
- pupil voice and parent engagement
- explore effective models for delivery
- identify quality assessment and monitoring processes
- identify policy requirements

This course will largely be a repeat of content from our March 2019 conference, for those who were unable to attend on the day.

Monday 21st October, 9.00am – 12.00pm

Venue: Hertfordshire Development Centre, Stevenage

Cost: £78

Course code: 19PSE/012S



\*Please note that all prices are subject to VAT at the prevailing rate.



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